

A Novel Approach to Homeopathy, Alternative to Antibiotics

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ABSTRACT

Homeopathic system of medicine is globally used as an alternative system of medicine. It is becoming popular worldwide. However, the homeopathic system of medicine has to face many criticisms due to the presence of ultrahigh dilution. In developed countries where there is much advancement are present in the field of medicine where it is a big problem that microbes are becoming resistant and it is the need of the time to introduce the alternative approach to kill the microbes with minimal side effects. Homeopathic system of medicine contains ultra-high dilution that kills the microbes with minimal side effects. Conventional treatment of bacteria with antibiotics gave us many side effects is the resistance of bacteria, malaise, fever, body ache, abdominal pain so it is the need of the hour to introduce a new alternative system of medicine with minimal side effects.

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INTRODUCTION

A human being has to choose the best system of medicine according to their opinion. After the arrival of antibiotics where treatments of lethal diseases are appreciated, multiple complications due to its adverse effects are also raised. This situation diverts the attention of cure seeking people towards the complementary and alternative system of medicine (CAM)^{1,2}.

Roundabout 700 different systems of treatment and multiple traditional therapies are under the heading of complementary and alternative medicine. CAM is not deemed to be conventional medicine^{3,4}. Complementary and alternative medicine has made its own place in the world with growing results of consulting patient as well as hardworking practitioners⁵. Homeopathy is one of a most

popular system of medicine among the most frequently used treatments in CAM^{6,7}.

Samuel Christian Friedrich Hahnemann introduced homeopathy in 1796 after the discovery of a new method of treatment with diluted remedies⁸.

Homeopathy (from the Greek homo, meaning similar, and pathos, meaning suffering) treats diseases by using the diluting form of naturally occurring substances which are applied according to the principle of "*Similia similibus curentur*". Homeopathic system of medicine considers the patient as a whole and not only tries to remove the disease but also restore the health of the patient. Homeopathic physician practices in two ways: clinical and classical. Clinical homeopathy is similar to conventional

medicine and not follows the basic principle of homeopathy. Classical homeopathy follows the basic principal strictly. Homeopathic medicines are prepared by passing through repeated dilution and succession even diluted beyond Avogadro's number⁹⁻¹¹.

Homeopathic mother tinctures are in liquid form, prepared by the use of suitable concentration of alcohol-treated with raw material (which may be fresh or dried). There are different methods for preparation of homeopathic mother tinctures depending upon nature of the raw material. Homeopathic mother tinctures are obtained by the methods of maceration, digestion, infusion, decoction, and fermentation^{12,13}.

Homeopathic mother tinctures of plant origin carry the hydro-alcoholic extracts of medicinal plants¹⁴.

The major difference between the mother tincture and simple extract is the ratio of alcohol with a medicinal substance. Homeopathic mother tinctures prepared by treating one part of a medicinal substance with nine parts of alcohol whereas simple extract comprises on one part of the medicinal substance and 4 or 5 parts of alcohol. Theta Φ or Q symbol is used to represent the homeopathic mother tinctures^{15,16}.

Human being suffers from uncountable infectious diseases caused by the microorganism. A number of antibiotics have been synthesized in allopathic system of medicine and extensively used for the treatment of infectious diseases. By the unnecessary use of synthetic antimicrobial preparations, microbes have settled their resistant strains against these antimicrobial preparations, responsible for dropping down the therapeutic value of best synthetic antimicrobial preparations. Therefore, it is necessary to find out the naturally occurring medicinal substances and assess their antimicrobial activity^{17,18}.

Homeopathic doctors use mother tinctures at their clinics for treatment of different types of diseases including skin diseases, chronic ulcers and in wound healing¹⁹. Homeopathic tinctures are used as bacteriostatic. Microbes cannot be flourished in the presence of homeopathic mother tinctures. White blood cells and epithelial tissues are not abolished by the use of homeopathic mother tinctures which are the body's first defensive line against infection. Clinically it is observed that during the process of healing of the wound,

homeopathic mother tinctures exhibit the early and rapid curative action in comparison with the allopathic system of medicine²⁰.

CONCLUSION

The mother tincture is made from a combination of the drug along with the drug .it is also known as the herbal extract, or alcoholic extract while potency is further proceeding form of diluted mother tincture, from which power of drug can be measured. It is concluded that homeopathic system of medicine is the best alternative system of medicine that kills the microbes and save immune system of our body. However further research will open new insights.

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